



2023

HOUSE LEAGUE

RULES

16U DIVISION



PLAYING RULES

Diamond Dimensions

- i. Pitching at 60'
- ii. Bases at 90'

Game Lengths

- i. 6 Innings or;
- ii. 90 minutes (No new inning starts after 90 minutes, based on time of last out).

Players

- i. 9 players field on defense, unlimited changes.
- ii. Includes 1 catcher wearing all catcher gear.

Play

- i. All players in the lineup bat.
- ii. Maximum 5 runs per Inning or 3 outs.
- iii. Lead off allowed.
- iv. Base stealing allowed.

Pitching

- i. All pitchers will follow Baseball Ontario Arm Care Guidelines (see below).
- ii. Coaches are to keep pitch counts to ensure no pitcher goes over the limit or pitch before their required rest is served.
- iii. There is a maximum of 75 pitches allowed in a day.
- iv. Pitchers can pitch off of a mound or flat ground (depending on diamond).
- v. Balks will be called.
 - 1. Each pitcher will get one balk warning.

ARM CARE GUIDELINES



9U*	11U	13U	16U	18U	21U	REST REQUIRED
1-20	1-25	1-30	1-35	1-40	1-45	None
20-35	26-40	31-45	36-50	41-55	46-60	1 Day
36-50	41-55	46-60	51-65	56-70	61-75	2 Days
N/A	56-65	61-75	66-80	71-85	76-90	3 Days
N/A	66-75	76-85	81-95	86-105	91-115	4 Days
50	75	85	95	105	115	Daily Max



LEAGUE RULES

6 Teams in the League in one division.

- i. Each team will play 10 regular season games in total.
- ii. 2 games vs. each team in league (one home, one away).

After each game, the coach/manager of the home team will email the final score to scores@seawaysurge.com. Please make sure to include the Age Level and the full names of both teams in the email.

The top 4 teams will play in the A Playoff:

- i. A SF #1: #3 @ #2
A SF #2: #4 @ #1
- ii. Home team of final will be the highest seed.

The final 2 teams will play in the B Playoff

- i. B Final: #6 @ #5

If there is a tie in the standings, it will be broken in the following way:

1. Head-to-head record
 2. Lowest amount of runs allowed in head to head meetings.
 3. Most runs scored in head to head meetings.
 4. Coin toss
- Note: Playoff format may be altered due to diamond availability.

The final date of the regular season will be Friday, July 21, 2023.

- i. If there are a large number of rained out games, the regular season may be extended by one week.
- ii. All playoff games will be completed no later than Thursday, August 3, 2023.
- iii. If there are a large amount of rainouts and games cannot be rescheduled, the team with the best record in the regular season will be named league champion.

If there is a Severe Weather Warning that covers the diamond locations, games and practices will be canceled.

- i. Refer to our Severe Weather policy here: <https://www.seawaysurge.com/severe-weather/>
- ii. All attempts to provide notification of cancellations will be made 90 minutes before the scheduled game time.
- iii. There will be an attempt to reschedule all rained out games, depending on diamond availability.
- iv. Coaches have the ability to cancel games due to weather or field conditions. During the game, coaches and umpires will collectively decide on the safety of the field and weather conditions, and may choose to stop the game at any time. If present, umpire(s) will make the final decision.

